



Delta Gymnastics
ST HILDA'S - SOUTHPORT

Challenging the Limits

WAG Competitive Newsletter - May 2010

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Thank You

A BIG thank you to all families who supported the Delta Duel Competition and Winter Carnival by donating their valuable time and effort as well as goodies for our hard-working Judges and Coaches. We cannot run events like this without support from wonderful people such as your selves and it is very much appreciated. A special thanks to our Area Coordinators Wayne Pearce (Equipment), Kim Whitehead (Volunteers), Sally Kirke (Judges Catering) and Jane Hoxha (Raffle/Door) for their tireless efforts. Last but not least, a HUGE thank you must go to Peter and Sally Kirke for the generous donation of their removal truck to haul equipment from Southport to St Hilda's and back again. Congratulations to everyone on a very successful weekend!

Results

Competition season is well underway, and our fantastic girls have been performing well all over South East QLD. Please see below for a summary of results:

Mitchelton Invitational

Level 4 Novice	Emma Croydon	5 th ALL AROUND, 2 nd Beam, 4 th Floor
	Charlize Rettie	2 nd Bars
	Sophia McLeod	4 th Bars, 6 th Floor
	Natasha Jelacic	5 th Beam
	Jasmine Williams	5 th Vault
	Mekaela Bartlett	6 th Beam

Congratulations to Charlize Rettie, Sophia McLeod, Natasha Jelacic, Mekaela Bartlett and Lauren Sprague on passing their Level 4 Test, and to all girls for achieving the qualifying score to attend State Titles.

Aurora Challenge

Level 4 Under	Emma Whitehead	5 th ALL AROUND, 5 th Vault
	Hera Gigante-Dooney	2 nd Beam, 5 th Bars
Level 5 Under	Anna Rowe	5 TH ALL AROUND, 3 RD Bars, 6 th Vault
	Grace Jamieson	6 TH ALL AROUND, 3 RD Beam
Level 6 Under	Rachael Armstrong	ALL AROUND CHAMPION, 1 ST Beam, 2 nd Bars, 3 rd Floor, 4 th Vault
	Savarnah Nielsen	5 th ALL AROUND, 2 nd Beam, 6 th Bars
	Chelsi Mikeska	4 th Bars
Level 6 Over	Zoe Smith	2 nd Beam, 6 th Bars

Congratulations to Emma Whitehead, Hera Gigante-Dooney, Sophia Kirke, Anna Rowe, Grace Jamieson, Emma Wilson, Shiori Uemura and Jatalia Hoxha for passing their respective Levels Tests and to all girls for achieving the qualifying score to attend State Titles.

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Judges Classic

This competition was a State Squad feedback session, whereby judges evaluated the girl's routines and passed their thoughts for improvement on to the coaches. Congratulations to Shauna O'Halloran-Anderson, Jana Hoxha and Alicia Biggs on passing their respective Levels Tests.

Delta Duel

Level 2 Novice	Courtney Box	ALL AROUND CHAMPION, 1 st Beam and Floor, 3 rd Vault
	Chiara Linnane	2 nd ALL AROUND, 2 nd Beam, 3 rd Floor, 5 th Bars, 6 th Vault
	Nyah Bollinger	1 st Bars, 5 th Vault
	Portia Van Der Horst	5 th Beam
Level 3 Under	Emily Pascoe	5 th ALL AROUND, 1 st Beam, 5 th Floor
	Jasmin Fraser	4 th Vault, 6 th Beam
	Tayah Semple-Lewis	5 th Beam, 6 th Floor
	Kelsey Hutchinson	3 rd Beam
	Natarsha Mills	3 rd Floor
	Olivia Georgilopolous	6 th Vault
Level 3 Over	Sarah Dargan	4 th Floor
	Saskia Jenkins	6 th Bars
Level 4 Under	Emma Whitehead	2 nd ALL AROUND, 1 st Vault, 2 nd Bars, 5 th Floor, 6 th Beam
	Hera Gigante-Dooney	3 rd ALL AROUND, 1 st Vault, 4 th Bars, 2 nd Beam, 6 th Floor
	Sophia Kirke	5 th Beam
	Sophia McLeod	6 th Beam
	Charlize Rettie	2 nd Bars
Level 4 Over	Emma Croydon	2 nd ALL AROUND, 2 nd Bars, 5 th Floor, 6 th Vault and Beam
	Devin O'Halloran-And	5 th ALL AROUND, 6 th Beam and Floor
	Jasmine Williams	1 st Vault
Level 5	Anna Rowe	6 th ALL AROUND, 2 nd Bars, 3 rd Floor
	Shiori Uemura	3 rd Vault, 5 th Bars
	Emma Wilson	3 rd Bars, 5 th Floor
	Grace Jamieson	1 st Beam
Level 6	Rachael Armstrong	ALL AROUND CHAMPION, 1 st Bars, Beam, Floor, 2 nd Vault
	Zoe Smith	5 th Beam, 6 th Floor
	Savannah Nielsen	2 nd Floor
	Chelsi Mikeska	5 th Vault

Congratulations to Hanna and Kelly Maybury on passing their Level 4 Test and for achieving the qualifying score to attend State Titles.

Changes to Training

Due to the number of Competition and Public Holiday coming up, there will be some changes to regular training times. Please see overleaf for a summary of changes:

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DATE	EVENT / HOLIDAY	CHANGES
Saturday 29 th / Sunday 30 th May	Regional's and State Team Trial	No Squads training due to competition
Monday 21 st May		Level 7-10 to have the day off after 2 days of competition
Monday 7 th June	Anzac Day Public Holiday	<ul style="list-style-type: none">• Squads train 1:00 – 5:00pm (9 Junior, 12, 16, 20)• No Extension Classes

Junior Regional's Information

- **Date:** Saturday 29th and Sunday 30th May Saturday 8th/Sunday 9th May
- **Location:** Moreton Bay College, Wondall Road, Moreton Bay.

Level 6 Saturday 29th May Arrive 9:25am Presentations 12:30pm
Rachael Armstrong, Savannah Nielsen, Chelsi Mikeska, Zoe Smith, Jatalia Hoxha

Level 4 Over Saturday 29th May Arrive 12:10pm Presentations 3:15pm
Devin O'Halloran-Anderson, Mekaela Bartlett, Emma Croydon, Jasmine Williams, Hannah Jackson, Hanna Maybury, Kelly Maybury, Aimee Douglas

Level 4 Under Sunday 30th May Arrive 7:40am Presentations 1:00pm
Emma Whitehead, Hera Gigante-Dooney, Sophia Kirke, Charlize Rettie, Sophia McLeod, Natasha Jelacic, Lauren Sprague

Level 5 Sunday 30th May Arrive 9:55am Presentations 1:30pm
Anna Rowe, Emma Wilson, Shiori Uemura, Grace Jamieson

Level 3 Sunday 30th May Arrive 1:10pm Presentations 4:15pm
Jasmin Fraser, Emily Pascoe, Kelsey Hutchinson, Sarah Stevens, Tayah Semple-Lewis, Olivia Georgilopolous, Grace Georgilopolous, Natarsha Mills, Morgan Wallace, Saskia Jenkins

Senior Regional's and State Team Trial Information

- Date:** Saturday 29th and Sunday 30th May
Time: 4:10pm arrival, presentations at 7:30pm.
Location: Moreton Bay College, Wondall Road, Wynnum.

Level 7 – Round #1 Saturday 29th May Arrive 2:10pm Presentations 6:15pm
Jana Hoxha, Shauna O'Halloran-Anderson, Rachel Clarke

Level 8-10 – Round #1 Saturday 29th May Arrive 4:40pm Presentations 9:00pm
Jade Rowe, Samantha Pearce, Alicia Biggs

Level 7 – Round #2 Sunday 30th May Arrive 12:25pm Presentations 4:15pm
Jana Hoxha, Shauna O'Halloran-Anderson, Rachel Clarke

Level 8-10 – Round #2 Sunday 30th May Arrive 2:10pm Presentations 7:15pm
Jade Rowe, Samantha Pearce, Alicia Biggs



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Competition Entry Fee Reminder

Just a short reminder that Delta Challenge (Level 1-10) and State Titles (Level 4-10) Entry Fees were due last Friday 14th May. If you have yet to pay for your daughters competitions, please call Jess Coleman on 5571 0736 to arrange payment or drop it in to the Office between the hours of 9:00am and 4:30pm. Thank you.

State Titles Draft Schedule

Gymnastics Queensland have just released a draft schedule for QLD State Titles in June. Please note that this schedule could change. In regards to training over this weekend, there is likely to be a training session on Friday morning of the 25th June, and Saturday morning 26th June. A full Holiday Training Schedule will be out in early June.

- Friday 25th June Level 8 and Level 7
- Saturday 26th June Level 5 and Level 9-10
- Sunday 27th June Level 4
- Monday 28th June Level 6, Level 4 Regional Challenge
- Tuesday 29th June Level 5 and 6 Regional Challenge

Parent Support Group

The next Parent Support Group Meeting will be held on Thursday 27th May at 6:30pm. We would love to see as many of you there as possible, it is always great to have fresh ideas to work with. Minutes from last month's meeting can be obtained from Jane Hoxha.

If you have any questions about any of the information in this newsletter, please drop me a line at jmcginnity@deltagym.com.au, call the office on 3262 0066 or see me in the gym for a chat after class.

Kind regards

Jodie McGinnity

CLUB MANAGER
HEAD COACH COMPETITIVE PROGRAMS

