



Delta Gymnastics

State and National Club Champions 07, 08

Delta Gymnastics Brisbane
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COMPETITORS NEWSLETTER – SQUADS AND TEAMS – March 6th

Contents : PAD Test / Parent Meeting, State Squad, Integrating Training with school curriculum
Uniforms Working Bees Individual Season Comp Fees

PAD Test / Parent Meetings

Thankyou all for your attendance at the PAD Test and Parent Meetings. If for any reason you could not attend this meeting please ensure you see John and get a copy of the booklet and meeting agenda.

State Squad

Please note that the Senior State Squad scheduled for Sunday the 14th of March has been moved to MBC and will now be held from 12:00 noon until 6:00pm.

Integration with School Curriculum

Reminder for girls in 12 hour teams and above that if you wish to be considered for training during school time please contact John to discuss the option.

Uniforms

Reminder from our meeting that all girls need to check that they have full competition uniforms. If you have grown out of good quality leotards or tracksuits you can send them in a plastic bag marked with your name and how much you would like them sold for.

If you need new leotards or Tracksuits please note that **on Saturday the 21st of March Sylvia P will be setting up a stall at Clayfield** from 9:30 – 12:30 to measure up girls and take orders for new leotards or tracksuits. In addition, our second hand stall will be set up that day along with the ability to pick up competition bags and 2008 competition shirts. PUT THIS ONE IN YOUR DIARY.

SHIRTS

The competition shirts for 2009 will be the same design as last year and this year shirts will have “Challenging the Limits” on the back. Girls can wear the 2008 shirt for competition this year so you do not need to buy a new shirt. 2008 shirts can be purchased for \$20 and 2009 shirts for \$40.

WORKING BEES

Over the next 5 weeks we aim to have installed our new TV's and Video Units at St Margaret's and install a new floor at Clayfield.

To do this we need your help! As Confucius say – “Many Hands Make Light Work”

St Margaret's

On Saturday 14th of March we will be having a 90 minute cleaning frenzy at St Margaret's where we aim to clean the Bars / Beam area to get rid of chalk dust before we have the TV's installed. On this day I am asking as many parents as possible to bring along a vacuum cleaner, chux and elbow grease to spit and polish the area. We will start our cleaning campaign at 1:30pm and be finished by 3:00pm and sit back with a cold ale and peruse our fantastic result.

Clayfield

On Sunday the 5th of April we will be installing a new floor at Clayfield in preparation for the arrival of new beams, bars and top covering of the floor. This project includes taking up the current floor, putting down the new floor, fixing a few sections of the floor to be installed, converting 15 sections of the old floor from springs to foam block, bolting the floor down and then putting down the temporary floor covering.

We aim to get the day started at 1:00pm (after lunch) and work through until about 5:00pm when we will sit back and have a sausage sizzle and a cold ale. On this weekend we will need lifting power, some power drills, and some mechanically minded people who can help in attaching some connecting plates on our reconditioned floor.

COMPETITION SEASON NOMINATION FEES

As discussed our our Team meeting the individual competition season nominations will be soon due. Please find the remittance form below which includes all competitions up to an including State Titles. In the event a girl cannot compete in an event due to injury or that she did not qualify for the event, funds will be refunded. (Note that we need to send a doctors certificate within 14 days of the event to claim a refund).

REMITTANCE SLIP FOR: Please write name **DUE NO LATER THAN March 18th**

DO NOT HAND THIS TO COACHES (Especially not John) – PLEASE POST TO: PO BOX 477 CLAYFIELD or Fax to 07 3262 1198

MYC Invitational 26 th April OR Judges Classic/Aurora Challenge May 2/3)	\$	40
Delta Duel May 10 th) ALL GIRLS	\$	40
Regional Championships (Junior Level 3 – 6 May 23/24 Snr Level 7 – 10 May 29-31)	\$	60
Delta Challenge (ALL GIRLS)	\$	40
State Titles (We hope this is all Level 4 – 10 girls (see notes above)	\$	80
Total Fee Payable	\$	260 (+\$5 if need to level test)

Payment by: Cash Cheque Credit Card

In the case of Credit Card payment... Master Card Visa Card

CREDIT CARD NO: _____ Expiry: ____/____

Name on Card: _____ Signature: _____

- I CAN HELP AT THE Cleaning Party - Saturday March 14th I can bring a vacuum
- Working Bee Sunday 5th April I can bring a power drill.