



Delta Gymnastics
ST HILDA'S - SOUTHPORT

Challenging the Limits

Squads Newsletter **March 2011**

-
- Welcome Anna and Mike, Farewell Nikki!
 - PAD Test
 - Uniforms
 - Parents Information Evening
 - Competition Nominations
-

Welcome Anna and Mike, Farewell Nikki!

I am very pleased to welcome the newest members of the Delta Coaching Team, Anna and Mike Plourde. They join us from America, after having spent the past 2 years working in Christchurch, and bring a wealth of experience; enthusiasm and knowledge to the Club. At present, Anna and Mike are on holidays and will be volunteering their time in the gym, but we look forward to welcoming them to our Team on a Full-Time basis as their Visa status is confirmed.

Anna and Mike will be working with all gymnasts in Squads 9 and above, with Mike also leading the re-development of the Men's Gymnastics program over the coming years. I hope that everyone will take the opportunity to come along and meet Anna and Mike at the first Parent Information Evening (see further in the Newsletter).

In the meantime, we are sad to farewell Nikki (again!) as she heads overseas for new adventures on the 21st March. Thanks to everyone who came along to White Water World on Sunday to send her off in style, Nikki will pop in to the gym a few more times before she leaves, but I would like to once again take this opportunity to thank Nikki for all of her hard work at Delta over the past 4 years, we will miss her greatly and wish her safe travels.

There are lots of fantastic new skills being learnt in the gym at the moment, and many girls are working harder than ever before. The effort and commitment from the girls at this stage of the year bodes well for a fantastic year ahead!

Jodie McGinnity

Head Coach/Club Manager

PAD Test

The next PAD Test will be held on Saturday 9th April at the Southport Venue from 1:30 – 4:30pm. This will involve all gymnasts from Extension and Squad. There will be a Parent Meeting at the conclusion of the PAD Test, as well as a BBQ at the conclusion of the meeting. Please feel free to join us for a Sausage Sizzle (Gold Coin Donation) afterwards, it is a great chance to chat with the coaches and meet the other families in our Club.

Uniforms

The new Uniforms have been finalised and I am very pleased to announce that they will be available for purchase from Saturday 26th March. Sylvia P will be making a special trip down the Coast to measure and sell leotards and tracksuits on this day at the Southport Venue from 12pm. T-Shirts and Backpacks will be available to purchase shortly from the Delta Office.



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Parent Information Evening

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The March Parent Information Evenings will be run in 2 groups - one for Squad 9 & 12, and one for Squad 16 & 20 – to cater for the needs of each group. The Squad 16/20 meeting will be held on Tuesday 15th March with the Squad 9/12 meeting to be held on Wednesday 16th March, both at the conclusion of training. All parents of gymnasts in Squads are welcome to attend.

Competition Nominations

It is amazing how fast the time flies; we are already starting to think about competition nominations!

The first Competition Season will be Individual Events and nominations are due back by Friday 25th March. Please keep in mind that Competition Entries are due 5 weeks prior to the event, therefore if we do not have your daughter's payment, we will not be able to enter her.

Refunds – in the event your daughter has nominated for an event and is unable to attend due to injury or illness, a refund can be obtained (less the 20% Gym QLD Administration Fee) by providing a Medical Certificate to the Head Coach prior to or immediately following the event.

EVENT	DATE	LOCATION	PARTICIPANTS	COST
Aurora Challenge	Apr 30/May 1	Moreton Bay	Level 4-6	\$45.00
Delta Duel	May 14/15	St Hilda's	Level 1-10	\$45.00
GC Regional's	May 27-29	Toowoomba	Level 3-10	\$65.00

Gymnast Name: _____

Due Date: Friday 25th March 2011

Cash Cheque Credit Card Card Type: Visa MasterCard
 Credit Card Number _____/_____/_____/_____ Expiry Date: _____/_____
 Signature: _____

Competition Entry Fees	Aurora Challenge	Apr 30/May 1	Levels 4 – 6	\$45.00	<input type="checkbox"/>
	Delta Duel	May 14/15	Levels 1 – 10	\$45.00	<input type="checkbox"/>
	GC Regional's	May 27-29	Levels 3 – 10	\$65.00	<input type="checkbox"/>
	Levels Test	<i>Please ask your Coach to confirm if you are testing</i>		\$5.00	<input type="checkbox"/>

Total Payment \$ _____

Office Use Only - Delta SHS - 2011 Competition Entry: Season 1

Club Members Payment Log

P O Box 477, CLAYFIELD Q 4011

P: 07 3262 0066 **F:** 07 3262 1198

E: admin@deltagym.com.au **W:** www.deltagym.com.au



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EVENT	DATE	LOCATION	PARTICIPANTS	COST
Judges Classic	Apr 30/May 1	Moreton Bay	Level 7-10	\$45.00
Delta Duel	May 14/15	St Hilda's	Level 1-10	\$45.00
GC Regional's	May 27-29	Toowoomba	Level 3-10	\$65.00

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	Delta Duel	May 14/15	Levels 1 – 10	\$45.00	<input type="checkbox"/>
	GC Regional's	May 27-29	Levels 3 – 10	\$45.00	<input type="checkbox"/>
	Levels Test	<i>Please ask your Coach to confirm if you are testing</i>		\$5.00	<input type="checkbox"/>

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