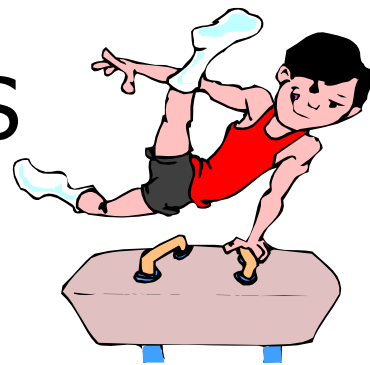




DELTA GYMNASTICS CARNIVAL



You are invited...

To attend the Delta Spring Carnival 2010!

- WHO:** All Gym Start gymnasts
- WHERE:** **Delta Gymnastics St Hilda's Sports Complex, Whitby Street, Southport.**
- WHEN:** Sunday 7th November.
- TIME:** **11.00am – 1.00pm**
- COST:** Gold Coin Donation or buy a Raffle ticket for your chance to win some great prizes!

Session 3 ~ Sunday 7th November 2010 – 11.00 am – 1.00pm

Monday 3.30pm Southport	Monday 3.30pm St Hilda's	Tuesday 3.30pm St Hilda's	Wednesday 3.30pm St Hilda's
Thursday 3.30pm St Hilda's	Friday 3.30pm St Hilda's	Friday 3.30pm Southport	Saturday 9.30am Southport
Saturday 10.30am Southport			

Please note: The carnival will replace all normal Saturday morning classes.

What happens at a carnival?

The Spring Carnival is an opportunity for all our Gymnasts to come along and show a selection of the skills they have learned throughout the year. The goal of our carnival is for each child to develop confidence from the process of learning and demonstrating skills in front of their peers and supporters.

The day will start with all our Gymnasts doing a group warm up, we will then split into groups to perform 5 skills on each apparatus.

Each Gymnast will perform 'one at a time' in front of a judge who will assess the level of performance and skill demonstrated on each activity. At the end of the day each child will receive a medal according to the 'Step' they are performing. A report will also be completed for you to keep; this will indicate how your child is progressing on each of the skills performed. Each skill will be evaluated on a scale of 'Needs Developing' through to 'Well Developed'. This system of evaluating will provide you with an understanding of your child's progress.

Who can come and watch?

Everyone! Mums, Dads, Aunts, Uncles, Grandparents, Cousins and friends! Bring along as many people as you like to help cheer on the fantastic children who try their hardest and bring a smile to the face of all! Don't forget to bring your camera to take photos of their medal presentation!

**Please note that children must attend the carnival session to receive their Medal.
We look forward to seeing you at the carnival!**