



**Delta Gymnastics**  
ST HILDA'S - SOUTHPORT

# Challenging the Limits

**MAG Competitive Newsletter**  
**Friday 23<sup>rd</sup> April, 2010**

- Changes to Training
- Brisbane Grammar Invitational
- Draft Regional's Schedule
- Uniforms
- Parent Support Group
- Competition Entry Fees

## ***Changes to Training***

There are a number of Public Holidays coming up, as well as some competitions which will affect regular training. Please see below for a summary of changes:

DATE	EVENT/HOLIDAY	CHANGES
Friday 14 <sup>th</sup> May	Delta Duel Set Up	<ul style="list-style-type: none"> <li>• Squads to finish training at 6:30pm, set up St Hilda's Venue</li> </ul>

## ***Brisbane Grammar Invitational***

- **Date:** Saturday 8<sup>th</sup> May
- **Time:** 3:40pm arrival, presentations at 7:00pm.
- **Location:** Brisbane Grammar School, Level 1, M.A Howell Sports Centre, Gregory Terrace, Spring Hill.
- **Participants:** *Alex Papamanolis*

## ***State Squad***

State Squad #3 will be held at the High Performance Centre at Chandler from 8:00am – 12:00pm. Please arrive 15 minutes prior to the start.

## ***MAG Junior and Senior Regional's/State Trial***

Gymnastics QLD has released a DRAFT schedule for MAG Junior and Senior Regional's. Please see below for details:

EVENT	LOCATION	DATE	LEVEL	SESSION TIMES
MAG Junior Regionals	Brisbane Grammar School	Sunday 23 <sup>rd</sup> May	Level 2 Level 5	12pm – 3pm 12pm – 3pm
MAG Senior Regional's	Brisbane Grammar School	Saturday 29 <sup>th</sup> May Sunday 30 <sup>th</sup> May	Level 7 Level 7	11:40am – 3:30pm Rd #1 8:40am – 12:30pm Rd #2

## ***Delta Duel/Winter Carnival***

The Delta Duel is fast approaching, and plans are well under way to run another great event at St Hilda's. Please keep an eye out for the VOLUNTEERS SIGN UP SHEET that will be up in both venues. Many hands do indeed make light work, so please help us run a fantastic event and meet the other gym families at the same time. Our Squad 12 and above gymnasts will be required to attend 1 session of Carnival to lead and cheer on our younger gymnasts, please nominate which session you would like your child to volunteer in on the SIGN UP SHEET.

Saturday 15 <sup>th</sup> May	Session 1	Carnival – EM, EG, EGS	8:30 – 10:00am
	Session 2	Carnival – GS	10:30am – 12:30pm
	Session 3	Level 4 – 6	1:00 – 4:30pm
Sunday 16 <sup>th</sup> May	Session 4	Carnival – GS+, GX, GX+, GM, GM+	8:30 – 10:30am
	Session 5	Level 7 – 10	10:00am – 12:30pm
	Session 6	Level 1 – 3	12:30 – 4:00pm

### Uniforms

There has been some confusion regarding uniforms, and what each boy is required to have. Please see below for a comprehensive list of uniform requirements. Each of the items below, except for the T-Shirt, need to be ordered directly with Syliva P Sportswear. T-Shirts can be purchased through the Delta Office. If your son does not currently have each of the items on the list below, please see Andrew or Jodie for an order form.

- Competition Leotard
- Competition Shorts
- Club T-Shirt
- Club Tracksuit
- Competition Longs

We will be holding a **Second Hand Leotard Sale** this Saturday 24<sup>th</sup> April from 9:00am – 1:00pm. If you have any leotards or tracksuits that you would like to sell, please drop them in to Kim Whitehead prior to the sale.

### Parent Support Group

The next Parent Support Group Meeting will be held on Thursday 29<sup>th</sup> April at 6:30pm. Minutes from last month's meeting can be obtained from Jane Hoxha.

### Competition Entry Fees

The next round of Competition nominations are due, and comprise of the following events:

<u>EVENT</u>	<u>LOCATION</u>	<u>DATE</u>	<u>COST</u>	<u>PARTICIPANTS</u>
BBC Invitational	Brisbane Boys College	12 <sup>th</sup> June	\$45.00	Frazer Papamanolis Alex Papamanolis
HPC Level 1-2 Circuit Challenge	HPC Chandler	20 <sup>th</sup> June	\$30.00	Elias Papamanolis Baylee Witute Finlay Gilbert Phillip Kingsford Jack Barlow
QLD State Titles	Chandler Arena	25 <sup>th</sup> -29 <sup>th</sup> June	\$85.00	Frazer Papamanolis Alex Papamanolis (pending qualification at Regional's)

Qualifying scores vary per Level and the last opportunity to qualify is at Regional Titles. All gymnasts in Level 3-10 are required to pay the State Titles Entry Fee, and it will be kept in trust until a final qualification score is reached. In the event that a gymnast does not reach the qualifying score, the money will be refunded. Please complete the payment slip below and fax to the office 5571 0032 or call the office on 3262 0066 by the Friday 14<sup>th</sup> May.

The boys are working very hard in the gym, routines are coming together nicely and it promises to be a great season ahead. If you have any questions about any of the information in this newsletter, please drop me a line at [jmcginnity@deltagym.com.au](mailto:jmcginnity@deltagym.com.au), call the office on 3262 0066 or see me in the gym for a chat after class.

Kind regards

*Jodie McGinnity*

CLUB MANAGER

**Gymnast Name:** \_\_\_\_\_ **Due Date: Friday 14<sup>th</sup> May 2010**

<input type="checkbox"/> Cash	<input type="checkbox"/> Cheque	<input type="checkbox"/> Credit Card	Card Type:	<input type="checkbox"/> Visa	<input type="checkbox"/> MasterCard
Credit Card Number _____/_____/_____/_____			Expiry Date: ____/____		
Signature: _____					
Competition Entry Fees	BBC Invitational		\$ 45.00	<input type="checkbox"/>	
	HPC Invitational		\$30.00	<input type="checkbox"/>	
	QLD State Titles (pending qualifications)		\$ 85.00	<input type="checkbox"/>	
	<b>Total Payment</b>		<b>\$ _____</b>		
Office Use Only - Delta SHS - 2010 Competition Entry: Season 2					
Club Members <input type="checkbox"/> Payment Log <input type="checkbox"/>					